

**YOU & ENERGY DEMOCRACY WORKSHOP**

# **FACILITATION GUIDE**

*Accessible, Inclusive, & Trauma-Informed*

## **MODULE 3**



The following facilitation guide was co-developed in collaboration with Pueblo Planning. (2021-2022)



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# WORKSHOP 3 GUIDE

## *Purpose/Intention*

Review shared language and analysis previously discussed in Modules 1 & 2 to continue to build the community's understanding of our current energy reality in relation to everyday life, specifically in regards to environmental justice, racial justice, economic justice, and local governance.

Empower communities by providing a tool that assesses where communities are situated on the path towards energy democracy and help identify strategies needed for shifting power and policy.

## *Key Concepts*

**Reparation** refers to repairing past harms, as defined by the harmed people. This will mean something different for each community.

**Regeneration** describes what happens when you have the resources you need to grow again after going through a cycle of depletion.

**Reinvestment** means putting resources back into our communities, rather than seeing them drained away.

## **ENERGY DEMOCRACY PILLARS**

**Social Justice** addresses issues of racism, inequity, inequitable access, health, and land rights.

- Key question for participants to be able to define this concept: What has been my experience with energy access and energy pollution?

**Regenerative Energy** addresses the type of energy we use, pollution, and energy policy goals.

- Key question for participants to be able to define this concept: Where do you get your energy?/How does energy get to you?

**Moral Economy** addresses fair labor and wages, economic ownership, workforce development and training, finance, and adequate training and transitional assistance for those formerly employed by exploitative institutions (ex. coal miners).

- Key question for participants to be able to define this concept: Who makes getting energy to you happen and what is their experience?

**Co-Governance/Good Governance** addresses how decisions are made, who controls the energy and political process, and where ownership ultimately lies.

- Key question for participants to be able to define this concept: Who makes decisions about your energy source, access, and utility bills?

## ENERGY ECONOMY SPECTRUM

**Energy Democracy** Thriving community and healthy environment - This type of energy economy represents a shift completely away from an extractive economy, energy, and governance system to one that is regenerative, provides reparations, transforms the power structures, and creates new governance and ownership practices. *(This term will be further explored in Module 3.)*

**Better, But Not Great** This type of energy economy signifies some shifting away from fossil-fuel extraction and maybe even creating some community processes and green job solutions, but without any racial equity or environmental justice focus (for example, all the solar panels in the city could be on wealthy white households). *(This term will be further explored in Module 3.)*

**Extractive** Harms the community and environment - This type of energy economy is where the dignity of labor, people's health, and the planet's wellbeing are exploited solely for profit in violent and polluting ways. *(This term will be further explored in Module 3.)*

### Audience

Frontline Communities (the communities confronting the direct consequences of extractive, polluting industries.)

### Logistical Considerations

- 30-50 people (breakout groups have no more than 4 people)
- Self-facilitated in breakout rooms
- Time: 1.5 - 2 hours
- Via Zoom with a call-in option (Note: not all participants may see slides)

### Resources

- At least 2 facilitators
- Slide Deck
  - Welcome slide
  - Movement & Regrounding prompts
  - Plan for the Day slide with intention and activities listed
  - On the Road Towards Energy Democracy slide with three ratings and definitions
  - 4 slides with Module 2 survey results, including answers the facilitation team gathered between workshops. One slide for each pillar.
  - Interactive slide with scale activity for each of the 4 pillars. Include prompt and survey results.
  - Co-Create Your Energy Democracy Vision jamboard slides from previous workshops with room to add more ideas

- **For Virtual Workshop:**
  - Link to interactive slide deck
  - Interactive slide deck which includes the scale activity and survey questions/ answers - will be used in small group sessions
- **For In-Person Workshop:**
  - Print out of survey questions with answers and icons for scale activity
  - Printed handouts of scale activity
  - Supplies: scissors, glue, markers, etc
- **Take Home Items:**
  - ① Energy Democracy Pathway Coloring Page
  - ② Informational resources



# Workshop 3 Agenda

## 1. Welcome (25 min)

- When people enter the space (whether virtual or in-person) there will be a welcome slide on screen with background music. **Facilitator 2** will greet people as they come into the room.
- **Facilitator 1** will inform participants that the first few minutes will be used to help with setting up for the meeting (i.e. cameras, audio, interpretation, etc.) - (**Facilitator 2** can assist with this task while **Facilitator 1** continues with language interpretation set up, grounding, and housekeeping).

### a. Language Justice (5 minutes)

- **Facilitator 1** will introduce the point person to explain how to use the interpretation or ASL features for the workshop. (Allow time and space for the interpreter to walk participants through any interpretation set up. If in person this can include setting up a portable translation device. If virtual this can include set up of interpretation streaming on platforms such as Zoom.)

### b. Grounding & Housekeeping (15 minutes)

- **Appreciation:** Thank everyone for taking the time to participate and be present.
- **Acknowledgment:** Provide acknowledgment of the traumas people have/are experiencing due to \_\_\_\_\_ (pandemic, hurricane, floods, etc.) and pause for a moment.
- **How to Participate:** Inform participants of different ways to actively participate during the workshop whether virtual or in-person:

**If virtual,** is there a preference for participants to use the chat box during the meeting for side conversations? Hand raising? Etc.

**If in-person,** will folks call out to share? Raise hands? Etc.) Keep in mind that whatever methods chosen should be inclusive and accessible (literacy, comfort with tech platform, etc.)

## Sample Script

*Good morning/afternoon everyone. Before we get started, I want to take a moment to acknowledge and thank everyone. I know it isn't always easy to make time and space to be present especially when it feels tough to be present [whether that is due to (...the pandemic, floods, hurricane, a tough day at work, or everyday stress) so I am really grateful to see you all here today. Over the last couple of days we have engaged in 2 workshops and in that time we talked about our experiences with energy; we have tried to see similarities, differences or patterns; and we have taken new learned information and applied it to what we know. Today is the final workshop where we will be learning about different ways to take action and apply what we learned here, out in our communities (Show Popular Education Spiral Framework). But before we dive in, I would like to take a moment for us to just get grounded a little, so if you are comfortable, I invite you all to join me in a short exercise.*

- **Meditation/Self Check-in Exercise:** *The facilitation team will pick an exercise such as the following:*
  - [Liberate Meditation](#) – app that allows you to pick the meditation guide best for you
  - [Affirmation Journal](#) prompts could be used as a meditative question guide
  - [Creativity Affirmations Video](#) – about 7 min
- **Land Acknowledgment:** *Share details about whose ancestral territory the workshop is taking place in/ being broadcast from.*
  - Use <https://native-land.ca/> to identify Indigenous territories.
- **Consent to Photography and Video:** *Disclose if facilitators would like to take pictures and/or video throughout the workshop at the beginning. If participants do not feel comfortable with being photographed or recorded, let them know they can turn off their cameras during the virtual workshop, or detail how they can opt out if in-person.*
- **Take Home Items:** *Let participants know they will be provided an overview of what was discussed after the workshop. If contact information was not gathered at registration, ask for emails via chat or sign-in sheet.*
- **Potential Risks:**
  - If virtual,*** explain that Facilitator(s) understand there can be interruptions or technical difficulties that cannot be predicted when in virtual meetings. In the case this happens, let participants know to please send a message in the chat and to feel free to log out and back in.
  - If in person,*** explain that Facilitator(s) understand there can be interruptions, emergencies, or difficulties that cannot be predicted when in meeting spaces. In the case this happens, let participants know where they can go and to feel free to step outside if they need to take a self-care moment.
- **Confidentiality/Community Agreements:** *Share the expectations for respecting the community and culture of the workshop, such as:*
  - \* Leave the details, keep the learning,
  - \* Don't speak for others without explicit permission<sup>2</sup>,
  - \* Don't share something communicated in a private or safe space<sup>3</sup>.
  - Please refer to <https://nesawg.org/conference/community-agreements> for a longer list of Community Agreements.
  - It is important to also ask and allow space for participants to add any agreements that are important to them to have in this space. Keep in mind, these will be included in the remainder of the Workshops if any agreements are added, so Facilitator(s) will need to make note of them. For Facilitators' reference, any additional generated agreements can be added below:
    - \*
      - \*
        - \*

<sup>2</sup> Garcia Polanco, V., Spiller, K., & Potts, A. (2021, November 3). Community Agreements. NESAWG. Retrieved Dec 2021, from <https://nesawg.org/conference/community-agreements>

<sup>3</sup> Garcia Polanco, V., Spiller, K., & Potts, A. (2021, November 3). Community Agreements. NESAWG. Retrieved Dec 2021, from <https://nesawg.org/conference/community-agreements>



## 2. Movement and Regrounding Full Group Activity (15 min)

For the purpose of this activity, the facilitator will introduce a series of “yes”, “no”, or “I don’t know yet” statements which will help with re-grounding into the Four Core Pillars and will set the groundwork of what to expect content wise in the workshop. As a response to the statements, participants will be asked to share their responses via movement. The facilitator will describe the movements that will be used to answer and will explain that the chat can also be used to respond. This could include full movements, modified movements, etc.

### Examples:

- Raised arms over head motion signifies a “yes” response,
- Self hug motion signifies a “no” response,
- Shrugging motion with arms/hands signifies an “I don’t know yet” response.

- For those who prefer not to or are unable to engage in a movement activity, give an option to participate by responding “yes”, “no”, or “I don’t know yet,” using the chat box.
- The Facilitator will model the activity for the participants with the first statement.
- **Utilize the chatbox to share the prompt and have the prompt up on the screen. Keep in mind to periodically repeat the prompt as people join.**

### Statements:

- i. I believe the energy sector is such a critical power building space that I am willing to learn the complicated information to change the energy system.
- ii. I feel empowered with information and tools to address the gaps in my current and desired energy reality.
- iii. I understand the context of our current energy system and the opportunities for intervention.

- After each person shares their responses within the group(s), highlight common themes.

## 3. Plan for the Day (5 min)

- a. **Intention:** State the purpose of our time together today and the intention of ongoing conversations with the community. Explain how we will use our time in this space.

*We intend to review shared language and analysis previously discussed in Modules 1 & 2 to continue to build the community's understanding of our current energy reality in relation to everyday life, specifically in regards to environmental justice, racial justice, economic justice, and local governance.*

*And empower communities by providing a tool that helps them assess where their communities are situated on the path towards energy democracy and help identify strategies needed for shifting power and policy.*

- b. **On the Road Towards Energy Democracy:** *The facilitator will review the descriptions of being on the path towards energy democracy (Extractive; Better, But Not Great; and Energy Democracy)*
- c. **Sharing Your Story Activity:** *Participants will engage in an interactive activity that reviews Modules 1 & 2, and then further expands by identifying where their community is on the path to energy democracy.*
- d. **Break (10 minutes)**
- e. **Co-Create Your Energy Democracy Vision Activity:** *Participants will continue to build on their vision for Energy Democracy, identify action items, and identify how they would like to stay connected.*
- f. **Close -- Next Steps**

**If workshops are virtual:**

*Before transitioning into the next activity, the facilitator 1 will ask the participants to identify which of the pillars they would like to focus on and facilitator 2 will assist with assigning them to break-out groups accordingly.*

**Sample Script**

*Before we transition into our next activities, please take a quick moment to share which pillar you would all like to focus on for the breakout activity. Go ahead and type your preference in the chat box.*

## **4. On the Road Towards Energy Democracy (5-7 min)**

- a. *Introduce the ratings for energy economies:*

**Extractive**

- This type of energy economy is where the dignity of labor, people's health, and the planet's wellbeing are exploited solely for profit in violent and polluting ways. Harms the community and environment.

**Better, But Not Great**

- This type of energy economy signifies some shifting away from fossil-fuel extraction and maybe even creating some community processes and green job solutions, but without any racial equity or environmental justice focus (for example, all the solar panels in the city could be on wealthy white households).

**Energy Democracy**

- This type of energy economy represents a shift completely away from an extractive economy, energy, and governance system to one that is regenerative, provides reparations, transforms the power structures, and creates new governance and ownership practices. Thriving community and healthy environment.

- Briefly share the results from the Module 2 survey, highlighting answers the facilitation team gathered between workshops.*

**5. Sharing Your Story (Module 1 & 2 Overview & Explanation 5-10 total per Pillar)**

*(Pop-Ed Spiral Stage- 1. Sharing Experience and Knowledge)*

- Split participants into four groups (Social Justice, Regenerative Energy, Moral Economy, and Co-Governance).*
- Provide participants with the relevant set of answers from the Module 2 survey.*
- Share link to interactive slide deck with scale activity.*

**- Prompt**

**Based upon the results of the survey, where is your community on the road toward energy democracy?**

### Sample Script

*We will now be transitioning into our breakout group activity. For this activity, we will need to split into four groups. Each group will be representing one of the Four Core Pillars (Social Justice, Regenerative Energy, Moral Economy, and Co-Governance), and every group will be reviewing the Survey Questions/Answers we answered in Module Two that correspond with your groups' pillar. From there we will be identifying where our community stands on the pathway to Energy Democracy based on the survey answers for your pillar. Everyone will be working on this at the same time for the next 10-15 minutes, and facilitators will go around to each group to assist or answer any questions.*

*Once you have accessed the link you will see the survey questions and answers for all of the pillars as well as a scale activity for each of the pillars. On the Scale Activities, you should see the definitions for each of the pillars for your easy reference. In your groups, please take a moment to review the survey questions and answers for your pillar, and based on the survey questions, drag the icon for your scale activity to where your community is on the road toward energy democracy.*

### If workshops are In-Person:

*Split participants into four groups at tables with survey answer handouts, the scale activity, printouts of icons that can be used, and crafting supplies (i.e. glue, scissors, markers, etc.). There should be one table/set of tables per pillar.*

*Ask groups to review the survey answers for their assigned pillar and respond to the prompt by placing their icon on the scale.*

### Sample Script

*Now that you are all in your groups you will see some handouts with the survey questions and answers for your designated pillar as well as a scale activity for your pillar. On the Scale Activities, you should see the definitions for each of the pillars for your easy reference. In your groups, please take a moment to review the survey questions and answers for your pillar, and based on the survey questions, cut out and place the icon for your scale activity to where your community is on the road toward energy democracy.*

**>> BREAK (10 minutes) <<**

**Open Discussion (20-30 minutes):**

- *Ask a representative from each of the four groups to share what their group discussed, what they learned, how it applies to their day to day life, their response for the group activity prompt, and the reasoning for their pathway placement.*
- *Once they have shared, the group will be invited to discuss the pillar, their ideas/perspective, and if there are any other considerations to keep in mind to see if position moves.*
- ***As participants are sharing, take notes to identify key themes.***

**6. Co-Create Your Energy Democracy Vision Activity (30 minutes)**

1. *Share the jamboards from the previous visioning sessions.*
2. *Open Discussion Prompts:*

*Is there anything else you would add to your vision for energy democracy?*

*Given what your vision is and where your community is on the journey to energy democracy, what would you like to prioritize for each pillar (i.e., social justice, regenerative energy, moral economy, and governance)?*

*What are some potential solutions to include in the next steps to achieve your community's vision for energy?*

3. ***Add ideas and themes to the jamboard as participants share them.***
4. *Continued Community Building Prompts:*
  - *How would you all like to stay connected and build community?*
  - *What steps would you like to take to make sure your community priorities become a reality?*
5. *As folks are sharing, live transcribe on a jamboard or slide.*

## 7. Close – Next Steps (5 minutes)

- *Introduce an interactive questionnaire and encourage participants to complete it.*
- *Provide a recap of the overall process everyone engaged in*

### Sample Script

*As we come to a close for today's workshop, once again, I want to thank all of you for being present and for all of your participation. During these three workshops, we shared our experiences with energy; noticed patterns; took new information learned and applied it to what we know, and learned ways to take action and apply what we learned here, out in our communities. This is what is known as the Popular Education Spiral. As we leave here today, we want to make sure you leave with all the information from these workshops with you. We will be putting together a synthesized version of everything shared about your experience and connection to energy democracy, the visioning boards you all co-created, the scorecard questionnaire and answers, and a flipbook.*

## Post Workshop Follow Up for Facilitators

A. *After the workshop, follow up with participants by providing:*

- ① **Synthesis of themes and connection to energy democracy:** Create a 1-2 page document reflecting participants' feedback throughout Modules 1-3.
- ② **Energy Democracy Vision Board:** Include material from Modules 1–3
- ③ **Survey/Scorecard Questionnaire** from Module 2
- ④ **Energy Democracy Flipbook:** This flipbook is an interactive information tool that offers communities a guide to find out where they are on the energy spectrum and provides an opportunity to envision what energy democracy could look like in their community. This flipbook can be used by communities to share with their elected officials what they are experiencing and what would be necessary in order to transition to energy democracy.
- ⑤ **If participants share any questions or concerns,** the facilitators will need to research and identify resources with support from Emerald Cities to address/answer participant's questions/concerns when following up.

# References

Garcia Polanco, V., Spiller, K., & Potts, A. (2021, November 3). Community Agreements. NESAWG. Retrieved December 2021, from <https://nesawg.org/conference/community-agreements>

History of the Climate Justice Alliance. Climate Justice Alliance. (2012). Retrieved 2021, from <https://climatejusticealliance.org/cja-history/>.

